## ABSTRACT OF THE DISCLOSURE

The invention concerns a soft boot for sports use, particularly for snowboarding, of the type provided with laces or other mechanical devices capable of allowing the maximum opening/closure of the outer shell of the boot, for the purpose of making easier the insertion and extraction of the inner boot. This soft boot is characterized by the fact that it provides for the application on the top surface of a plate of elastic material which extends longitudinally from the toe of the boot to the base of the legging.

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